



CyberRun for Rehab
Healthy Steps in Cyberport
2011 健康萬步數碼港



Co-Organized by :

香港復康會
The Hong Kong Society
for Rehabilitation



27 July 2011

Dear Sir/Madam,

CyberRun for Rehab – Healthy Steps in Cyberport 2011

The Hong Kong Society for Rehabilitation (HKSR) and the Cyberport Tenants Club will organize the 8th CyberRun for Rehab on **6 November 2011 (Sunday)** at Cyberport to raise funds for HKSR.

CyberRun for Rehab 2011, with the slogan, **“Happy Living Healthy Thinking”** promotes a healthy lifestyle through running and walking. We aim to encourage people to lighten their stress-filled lives through exercise with family, colleagues and friends.

Join us on the event day to walk or to run, and support our activity booths. Proceeds of fund-raising will be used to finance rehabilitation services, in particular the implementation of “Train the Trainers” programmes on self-management for people with chronic disease in rural and urban areas of Mainland China.

We solicit your generous support by:

- contributing as our event sponsors;
- forming Corporate Teams to participate in the Run & Walk;
- sponsoring Patient Groups to join 4km Walk or 1.5 Accessible Walk.

Please find the event details attached and feel free to contact Ms Candice Lam or Ms Anita Lee at 3143 2800 to answer your questions. We look forward to your favourable reply soon.

It is time for action : healthy habits are a means to decreasing the risks and symptoms of chronic disease. Let's take action towards “happy living healthy thinking”. And let's share this happiness together with children and adults with disabilities in Mainland China by joining this meaningful event.

Yours sincerely,

Mr John CHIU
Chairman
Hong Kong Wireless Technology Industry
Association Ltd.

Ms Candice LAM
Deputy Chief Executive Officer (Corporate
Development)
The Hong Kong Society for Rehabilitation